

The Emergency Food Assistance Program Distribution Rate Chart

Item / Size	Household size									
	1	2	3	4	5	6	7	8	9	10
Carrots, 100 cans	1	1	1	1	2	2	2	2	3	3
Cranberry Juice, 50 units	1	1	1	1	1	1	2	2	2	2
Potatoes, 300 cans	1	1	2	2	3	3	3	4	4	5

You may refuse any foods that you cannot use