



WHO WE ARE & HOW WE HELP OUR COMMUNITY

It's hard for most of us to imagine, but every day in our community, more than 300,000 people worry about where they will find their next meal. Hunger is very real and Food Bank of the Rockies is fighting to ensure no one goes without needed nutrition. 1 in 8 Colorado and 1 in 10 Wyoming citizens live with food insecurity and struggle to meet their basic food needs. Hunger is especially hard on children, who make up 42% of our clients and require proper nutrition to grow and learn. In today's economy, the need for food assistance is increasing substantially.

Food Bank of the Rockies' main programs are Fighting Hunger Feeding Hope, FBR's Nutrition Network, Denver's Table Food Rescue, Mobile Pantry and USDA Food Programs.



Fighting Hunger Feeding Hope is the central distribution program of FBR, serving 1003 agencies who facilitate 1271 hunger-relief programs in the Denver Metro area, Northern Colorado, the Western Slope and Wyoming. These programs are the front line between health and happiness versus hunger and despair. Last year, FBR distributed 39.4 million pounds of food - enough for our agencies to provide 84,000 meals each day to hungry children, seniors, families and individuals.

FBR's Nutrition Network was created in response to community hunger. The lack of adequate nutrition impacts a person's physical, mental and social growth. FBR offers several programs providing nourishment to the hungry in our community, including children and seniors.

Children and seniors are some of the most vulnerable to hunger. Seniors living on fixed incomes often struggle to afford daily nutrition and are sometimes forced to choose to pay for medicine or rent and go without food. Children who lack proper nutrition can suffer from impaired cognitive development that could potentially last a lifetime. FBR's Nutrition Network includes programs to nourish our seniors and children in need.

FBR's Purchased Food Program regularly supplies items that are desperately needed by our member agencies, such as meat, dairy products, fruit and vegetables. **Kids Menu**, part of our purchased food program, offers items that specifically appeal to children and can be incorporated into a healthy diet for their growing bodies. Through focused contributions, we provide agencies serving children and families child-friendly, nutritious foods and essential items like diapers, toothpaste, etc...

Kids Cafe is a cooperative effort between Food Bank of the Rockies, the organizations, schools and community centers that provide facilities and the donors that provide funding. Meals are provided in conjunction with child development programs at several sites throughout Denver and the Western Slope. Last year, our Kids Cafe program served more than 300,000 meals to children at risk of hunger.

After School Snacks for Tutoring works with elementary schools and community centers that provide after-school tutoring, mentoring, and gang-intervention programs in low-income neighborhoods. During the last school year, FBR supplied more than 400,000 nutritious snacks.

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Totes of Hope™ - Children provides nutritious food to children on the weekends when other nutrition programs are not available. Children are given discreet backpacks filled with food. They return the backpacks the following week to have them refilled. Last year FBR's Totes of Hope™ - Children served more than 1800 children each week.

Totes of Hope™ - Seniors offers totes filled with food to help stock the pantries of low-income seniors. Partner agencies distribute the totes and give seniors the opportunity to have nutritious food when other resources may not be available or accessible.

USDA Food Programs are contracted through the states of Colorado and Wyoming. Since 2004, FBR has distributed commodities to those in need in several counties. We currently participate in three programs: The Emergency Food Assistance Program (TEFAP), the School Lunch Program (SLP) and the Commodity Supplemental Food Program (CSFP). This partnership has been extremely successful and allows FBR to provide needed hunger relief to thousands of clients, while also increasing the nutritional value of their diets.

Denver's Table Food Rescue Program sends refrigerated trucks to collect surplus food from retailers throughout the city. Donations come from supermarkets, hotels, restaurants and caterers who provide frozen and perishable foods, dairy products and other nutritious items. Last year, Denver's Table Food Rescue Program safely picked up over 5.2 million pounds of food, the equivalent of more than 4,000,000 nutritious meals that otherwise would have been discarded.



FBR's Mobile Pantry Program launched in Fall 2010, bringing needed food to rural communities where pantry programs were unavailable. In Spring, 2011, FBR started an urban program, targeting families from low-income schools and communities where additional assistance was greatly needed. In its inaugural year, the program distributed more than 400,000 pounds of food at 18 sites throughout Colorado.

Volunteers are the backbone of FBR, assisting in all aspects of warehouse, administrative, and special event operations. Last year, our volunteers contributed 102,355 hours, the annual equivalent of 50 full-time employees.

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